

Love Gymnastics? Love Dance? Love Swimming?

Learn to Synchro

In San Ramon

with the Walnut Creek Aquanuts Synchronized Swim Team



Our “Learn to Synchro” Class is an introductory class designed to teach girls ages 6 to 11 the fundamentals of synchronized swimming including; basic skulling, figures and choreography

Location: Dougherty Valley High School, 10550 Albion Rd., San Ramon

Cost: \$160 per session, plus \$45 USSSI annual registration fee

Schedule: May 17- June 18 Wed. & Fri. , 4:30pm to 6:00pm

Participants must be able to swim the length of a 25 meter pool and be comfortable in deep water without a floatation device. Those who do not pass the swimming readiness evaluation will receive a full refund.



Important Information:

- Payment is due the first day of class. Checks should be made out to “The Walnut Creek Aquanuts.”
- Every Swimmer should wear a swimsuit and bring goggles, swim cap, and nose clip to every practice. Nose clips will be available for purchase for \$2 at the beginning of practice.

For more information or questions:

Please email Mary Butwinick at marybutwinick@gmail.com or

www.aquanuts.org