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Walnut Creek Champions Team Up for a Swimming Season

Walnut Creek, California, March 18, 2005. Two Walnut Creek traditions of excellence announced today that Lawrence Volvo has teamed up with the Walnut Creek Aquanuts (WCA) as a Gold Level Sponsor for the 2005 Synchronized Swimming Season.

The Walnut Creek Aquanuts Synchronized Swimming Team has been part of the Contra Costa Community since its founding in 1968. Truly the home of Olympic champions WCA brought home 2 silver medals from the 1988 Olympic Games, 3 gold medals from the 1992 Olympic Games and 6 gold medals from the 1996 Summer Olympic Games in Atlanta. In Athens, Greece this summer 3 of the 8 members of the 2004 US Olympic Synchronized Swimming Team were trained as Walnut Creek Aquanuts. The US team brought home bronze medals for their outstanding performance. WCA was founded by longtime Walnut Creek resident, Sue Ahlf, who served as head coach until her daughter Gail Emery took over. Currently, Tammy Cleland-McGregor, herself a two time Olympian, heads up the prestigious coaching staff at WCA.

Lawrence Volvo has been a past sponsor of the Walnut Creek Aquanuts. This year they increased their participation by providing a generous contribution. Lawrence Volvo owner, Cindy Lawrence, felt that "Lawrence Volvo and the Walnut Creek Aquanuts are both traditions of excellence and symbols of success in highly competitive environments. The community takes pride in the Walnut Creek Aquanuts and we want to share that pride by helping to support these amazing young women athletes. These athletes are the best kind of role models for girls and young women in our community." Lawrence Volvo is family owned and operated, and has been providing quality service to the residents of Walnut Creek and surrounding communities since 1921.

WCA hosts special events that feature spectacular exhibition swimming, like the April 23rd Synchro Showcase, an annual tribute to the Mayor and City of Walnut Creek (tickets are just \$5). They are also offering a first time ever summer synchro camp in addition to their regular summer/fall training program for beginners to get started in the sport.

WCA has built partnerships with the Walnut Creek School District, Volunteer Center of Contra Costa County, Families First, Special Olympic Swim Team, Northern California, and recently the Monument Crisis Center. WCA offers free or reduced ticket prices for families in need and provides ticket incentives for supporters of their partnership agencies in order to increase their community service. For example, at the Synchro Showcase on April 23rd, parties of 3 or

more that bring canned or packaged food to benefit the Monument Crisis Center receive one complimentary ticket. WCA is always looking for ways to provide an opportunity for others to become exposed to, enjoy and participate in and benefit from the sport that is called "energized elegance".

The Team's biggest fundraiser, their 18th annual Night of Champions, will be held this year on May 28 at Clark Memorial Swim Center in Heather Farm Park. For more information on club events and camps visit www.aquanuts.org or call 925 934-4792.